

Battalion Counseling



**For Appointments or to meet with a Chaplain call
551th Signal BN Chaplain/Unit Ministry Team**

Office: (706) 791-4298 Cell: (706) 840-3469

If you need a chaplain after duty hours or holidays please contact the IOC desk at (706) 791-9747 and the duty chaplain will be contacted to assist you.

[E-mail the Battalion Chaplain](#)

If you need counseling services below are some options that are not directly affiliated with the Chaplain
[National Suicide Prevention Lifeline](#) 1.800.273.TALK (8255)

Military OneSource offers three kinds of short-term, non-medical counseling options to active-duty, Guard, and Reserve members and their families ([eligibility chart](#)).

Designed to provide service help with short-term issues such as adjustment to situational stressors, stress management, decision making, communication, grief, blended-family issues, and parenting-skills issues.

Counseling sessions are kept confidential, within certain guidelines. A family member may seek counseling without the knowledge or consent of the service member.

A Military OneSource consultant can explain the limits of confidentiality in more detail.

For details about their three counseling options

(1) Face-to-face (2) Telephone (3) Online

please visit Military OneSource's [Counseling Services Page](#)

TRICARE has a Military and Family Life Consultant Program, their services include:

Life Skills: Anger Management, Conflict Resolution, Communication, Parenting, Relationship Issues, Decision-making Skills, Productivity at Work

Military Lifestyle: Deployment Stress, Separation, Coping Skills, Reintegration: "Warrior to Citizen" Relocation Adjustment, Building Resiliency, Homesickness, Loss and Grief

Information on some of the [TRICARE](#) Counseling Services

[TRICARE Assistance Program \(TRIAP\)](#)

[TRICARE Telemental Health Program](#)

[TRICARE Smart](#) (brochures, booklets, handbooks, etc.)

Military and Family Life Consultant Contact: (706)288-5488

Marriage
Grief
Family
ACS

551st Signal Battalion - Counseling

Last Updated: 30 March 2016

POC

551st Signal Battalion
Fort Gordon, GA 30905
Battalion Staff Duty (706)-791-4124
DSN number (312) 780-4124
Email Addresses: [551 Web Manager](#)