SECRETARY OF THE ARMY
WASHINGTON

17 SEP 2012

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Army Directive 2012-20 (Physical Fitness and Height and Weight Requirements for Professional Military Education)

1. This directive revises Army policy for the Army Physical Fitness Test (APFT) and height and weight standards for Soldiers to attend Professional Military Education (PME) in Army Regulation (AR) 350-1 (Army Training and Leader Development). A complete list of references is at the enclosure.

2. This policy is effective 1 November 2012 and applies to the following PME schools and courses: Senior Service College, Sergeants Major Academy, Joint Special Operation Forces Senior Enlisted Academy, Captains Career Course, Intermediate Level Education, Warrant Officer Advance Course, Warrant Officer Staff Course, Warrant Officer Senior Staff Course, Advanced Leaders Course, Senior Leaders Course, and Warrior Leader Course.

a. Soldiers who are flagged for failure to pass the APFT or comply with Army height and weight standards are not eligible for selection, scheduling or attendance at the PME schools and courses listed in paragraph 2. Any Soldier who is flagged becomes eligible for scheduling and attendance at the PME schools and courses once the flag is removed.

b. Successful completion of the APFT and height and weight screening are mandatory for course graduation. Soldiers attending the identified PME schools and courses will be administered an initial APFT and height and weight screening. For PME courses with multiple phases, the initial APFT and height and weight screening will be administered during the first phase of the resident course. One APFT retest and/or height and weight screening is allowed and will be administered no earlier than 7 and no later than 24 days after the initial failure of the APFT and/or height and weight screening. Soldiers who subsequently fail to meet physical fitness and/or height and weight standards will be removed from the course.

3. The DA Form 1059 (Service School Academic Evaluation Report) of Soldiers who fail to pass the APFT and/or meet height and weight standards will be annotated in block 11d "Failed to Achieve Course Standards." Soldiers who fail to achieve course standards are not eligible to enroll in any PME courses for 6 months after their dismissal. The 6-month waiting period begins on the day after the DA Form 1059 is signed. Soldiers who fail to pass the APFT and/or meet height and weight standards a second time are not eligible to enroll in any PME courses for 1 year after the second

failure. School commandants and commanders will take the following actions for Soldiers who fail to meet APFT and/or height and weight standards:

a. Active Army Soldiers

(1) Soldiers in a temporary duty (TDY) and return status will be returned to their unit of assignment. School commandants and commanders will send a memorandum to the first general officer in the Soldier's chain of command stating the Soldier's deficiencies and that he/she failed to achieve course standards. The unit commander will initiate appropriate actions, to include flagging in accordance with (IAW) AR 600-8-2 (Suspension of Favorable Personnel Actions (Flags)), changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

(2) Soldiers in a TDY en route status will be attached to the gaining installation pending clarification of assignment instructions for their follow-on assignment. The school commandant or commander will notify U.S. Army Human Resources Command (AHRC) of the Soldier's ineligibility for training and request clarification of assignment instructions. Upon receipt of assignment instructions, the school commandant or commander will send a memorandum to the first general officer in the Soldier's chain of command at the gaining installation stating the Soldier's deficiencies and that he/she failed to achieve course standards. Upon the Soldier's arrival at the gaining installation, the unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

(3) Soldiers in a permanent change of station (PCS) status will be attached to the gaining installation pending clarification of assignment instructions. The school commandant or commander will notify AHRC of the Soldier's ineligibility for training and request assignment instructions. The school commandant or commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

b. Army National Guard

(1) Title 32 Man Day (M-Day) and Active Guard Reserve (AGR) Soldiers in a TDY and return status will return to their home unit. School commandants and commanders will send a memorandum to the State Adjutant General in the Soldier's chain of command stating the Soldier's deficiencies and that he/she failed to achieve course standards.

(2) Title 32 M-Day and AGR Soldiers in a PCS status will return to their home stations. School commandants and commanders will send a memorandum to the State Adjutant General in the Soldier's chain of command stating the Soldier's deficiencies and that he/she failed to achieve course standards.

(3) Title 10 AGR Soldiers in a TDY and return status will return to their home unit. School commandants and commanders will send a memorandum to the Chief of Staff, National Guard Bureau (NGB) (NGB-ARZ-T) and the first general officer in the Soldier's chain of command stating the Soldier's deficiencies and that he/she failed to achieve course standards.

(4) Title 10 AGR Soldiers in a TDY en route status will proceed to their next permanent duty station. School commandants and commanders will send a memorandum to the Chief of Staff, NGB (NGB-ARZ-T) and the first general officer in the chain of command of the gaining unit stating the Soldier's deficiencies and that he/she failed to achieve course standards.

(5) Title 10 AGR Soldiers in a PCS status will be attached to the Office of the Senior Army National Guard Advisor at the gaining installation pending receipt of assignment instructions from NGB-ARZ-HCM. School commandants and commanders will send a memorandum to the Chief of Staff, NGB (NGB-ARZ-T) and the first general officer in the chain of command of the gaining unit stating the Soldier's deficiencies and that he/she failed to achieve course standards.

c. U.S. Army Reserve

(1) Troop Program Unit, Individual Mobilization Augmentee and AGR Soldiers in TDY and return status will return to their home units. School commandants and commanders will send a memorandum to the first general officer in the Soldier's chain of command stating the Soldier's deficiencies and that he/she failed to achieve course standards. The unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

(2) Individual Ready Reserve Soldiers in TDY and return status will return home. School commandants and commanders will send a memorandum to the Commander, HRC stating the Soldier's deficiencies and that he/she failed to achieve course standards. The unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

(3) AGR Soldiers in a TDY en route status will be attached to the installation where they were to receive training pending clarification of assignment instructions. School commandants and commanders will notify AHRC of the Soldier's ineligibility for training and request assignment instructions. The school commandant or commander will notify the first general officer in the chain of command of the gaining unit stating the Soldier's deficiencies and that he/she failed to achieve course standards. The unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

(4) AGR Soldiers in a PCS status will be attached to the gaining installation pending clarification of assignment instructions from AHRC. School commandants and commanders will immediately notify AHRC (AHRC-ARE) that a Soldier in PCS status failed to achieve course standards and that AHRC needs to clarify assignment instructions. In addition, a memorandum will be sent to the first general officer in the chain of command of the Soldier's gaining unit. The unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment.

4. Soldiers in the Judge Advocate General Corps or Army Medical Detachment who fail to achieve course standards will have a memorandum sent to the first general officer in the Soldier's chain of command from the school's commandant or commander stating the Soldier's deficiencies and that he/she failed to achieve course standards. In addition, these Soldiers will be reported as course failures to the Offices of the Judge Advocate General or Surgeon General, respectively. The unit commander will initiate appropriate actions, to include flagging IAW AR 600-8-2, changing the immediate reenlistment prohibition code as appropriate and/or initiating a bar to reenlistment. This information will be provided to the offices for Soldiers who fail to achieve course standards:

a. name and grade,

b. Social Security number,

c. date of Soldier failure to achieve course standards, and

d. a brief synopsis of the reason for Soldier failure to achieve course standards.

5. School commandants are responsible for updating the Soldier's record in the Army Training Requirements and Resources System with the appropriate reason and status codes to show that they are a course failure.

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6. The Army Deputy Chief of Staff, G-3/5/7 is the proponent for this policy and will incorporate the provisions of this directive into AR 350-1 as soon as practical.

7. This directive is rescinded upon publication of the revised regulation.

Encl

John M. McHugh

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REFERENCES

1. AR 135-205 (Army National Guard and Army Reserve, Enlisted Personnel Management), 11 Mar 08.

2. AR 350-1 (Army Training and Leader Development), Rapid Action Revision 4 Aug 11.

3. AR 600-8-2 (Suspension of Favorable Personnel Actions (Flags)), 23 Dec 04.

4. AR 600-8-19 (Enlisted Promotions and Reductions), Rapid Action Revision 27 Dec 11.

5. AR 600-9 (The Army Weight Control Program), 27 Nov 06.

6. AR 601-280 (Army Retention Program), Rapid Action Revision 15 Sep 11.

7. AR 623-3 (Evaluation Reporting System), 10 Aug 07.

8. Department of the Army Memorandum, SAMR-PO, 23 Jul 09, subject: Reinstatement and Revision of the Qualitative Management Program (QMP).

9. U.S. Army Training and Doctrine Command Regulation 350-6 (Enlisted Initial Entry Training Policies and Administration), 28 Jan 11.

10. Message, ALARACT, 067/2012, subject: Army Physical Fitness Testing (APFT) Requirements for Military Institutional Training.

11. Message, ALARACT, 248/2010, subject: The Army Weight Control Program.